

Highlands Dolphins Aquatic Club

2022-2023 USA Swim Meet Schedule



HIGHLANDS DOLPHINS

Dates	Team Hosting	Type of Meet	Type	Special Notes
17-Sep	SSFAC	C/B/A	SCY	Our team will only participate on Saturday
10/1-10/2	DACA	C/B/A	SCY	
29-Oct	BAC or SUNN	C/B/A	SCY	Our team will only participate on Saturday
11/12-11/13	ALTO	C/B/A	SCY	
12/2-12/4	SCSC	Junior Oympics	SCY	Swimmers must achieve a Junior Olympic qualifying time to participate
12/10-12/11	ALTO	C/B/A	SCY	
14-Jan	SSFAC	C/B/A	SCY	Our team will only participate on Saturday
4-Feb	ALTO	C/B/A	SCY	Our team will only participate on Saturday
2/25-2/26	PASA or BAC	C/B/A	SCY	
3/10-3/12	SCSC	Junior Oympics	SCY	Swimmers must achieve a Junior Olympic qualifying time to participate
3/18-3/19	LAMVAC or PSL	C/B/A	SCY	
3/30-4/2	QSS	Far Westerns	SCY	Swimmers must achieve a Far Western qualifying time to participate
22-Apr	TBD	10 and Under Championships	SCY	For swimmers 10 and under who earn a qualifying time
29-Apr	ALTO	C/B/A	SCY	Our team will only participate on Saturday
5/20-5/21	LAMVAC or PASA	C/B/A	LCM	The pool will be 50 meters in length
3-Jun	Davis Masters	OPEN WATER		Open water race at Lake Berryessa
6/10-6/11	DACA or BAC	C/B/A	LCM	
24-Jun	SUNN or ALTO	C/B/A	LCM	
7-Jul	TBD	Junior Oympics	LCM	Swimmers must achieve a Junior Olympic qualifying time to participate
7/27-7/30	TERA	Far Westerns	LCM	Swimmers must achieve a Far Western qualifying time to participate

Our swim season runs from September to August

Please only register for the meets listed above

You can register for all of these meets, once they are open, at www.fastswim.com

Dual Venues - teams in our zone are assigned to one of these two meets. Our assigned meets will be announced to the team at a later date.

*Short Course Yards
Long Course Meters*